

Laser Genesis

Pre-Treatment Preparation

- Be sure to take your medication for cold sores the morning of the appointment if you have a history of cold sores.
- Patients should not be tan for any laser or light procedures and should not have been exposed to the sun, tanning beds, or used self-action tanners for 4 weeks before the laser procedure.
- Avoid retinoids (Tretinoin, Adapalene, Retin-A, etc.) and use of products which contain AHA (Glycolic acid), BHA (Salicylic acid), or brightening agents for 3-5 days prior to treatment.

Benefits of Laser Genesis series

- Minimal discomfort (typically subtle warmth is noticed)
- Little to no down time following treatments
- Pore tightening
- Improved skin tone and texture
- Reduction in skin laxity
- Reduction in redness related to rosacea
- Reduction in inflammatory acne

Frequency of Treatments

- Laser Genesis can be performed as often as every 2 weeks
- Ideal treatment series: 5-6+ treatments are recommended for optimal results

Contraindications

- Isotretinoin (Accutane) use. Treatment cannot be performed until patients are at least 6 months after completing isotretinoin course.
- Pregnancy
- History of keloid scarring
- Photosensitizing medications or supplements

Additional Treatment Options

- Laser Genesis followed by a Glycolic Acid Peel provides additional treatment of pigmentation, acne, and a greater benefit in skin resurfacing

Post-Treatment Care

- Continue diligent sun protection for optimal results
- If using a retinoid or previously mentioned AHAs or BHAs, wait 3 days to resume use